

Personal Equipment List - page two

IV. Shirts and Sweaters

- A. Two sweaters with one of these being of the turtle type neck. One wool shirt or substitute another sweater. Weight 3 lb. 3 oz.
- B. Long sleeveless sweater, all wool. (Optional) Weight 8 oz.
- C. One cotton shirt (Optional) 6 oz.

V. Long Underwear

- A. One pair of heavy all wool long underwear.
- B. One pair of light part wool long underwear or substitute another pair of all wool pants or all wool longs.

The long underwear should be of the two piece type with the elastic waist on the pants. Some way of fastening the tops to the bottoms might be considered. If buying long underwear, be sure and get very large sizes since longs shrink horribly. Previous experience has indicated that at least two pair of heavy long wool underwear should be taken; however, by recommendation of Jon Lindbergh a regular pair of wool trousers may be substituted for this additional requirement.

VI. Parkas

- A. One heavy long parka of knee level, army type is fine. Weight 2 lb. 2 oz. Nylon parkas of knee length can be made which are very light and wind proof.
- B. One shorter parka of preferably nylon material in addition to long parka. Weight 10 oz.

All parkas should be adjustably tight around wrist and hood. Mittens must be able to be attached to the parkas and probably to one or more sweaters. Strings attached to the mittens and running up the sleeves to one another will be sufficient. Bright colored parkas recommended for identification.

VII. Headgear

- A. At least one and preferably two wool caps that come down over the ears and down the back of the neck. Stocking caps work fine. Weight 2 oz./cap.
- B. Face mask of chamois skin to wear over wool type face mask.
- C. Woolen helmet, covers entire head and neck with slits at the eyes and a flap that can be tucked under the chin when eating. Very good in cold weather.
- D. Wool ear muffs. (Optional) 1 oz. Any type that covers the ears.
- E. Some type of hat is needed, left to individual taste.
- F. Two pair of goggles with one in emergency kit. Weight 2 oz. One extra pair of optical glasses for those who wear them. Goggles should be of the well ventilated type.