

## Personal Equipment List - page three

## VIII. Handwear

- A. Three pair of all wool mittens, preferably of a loose weave. Get two sizes so as one can fit over the other.
- B. One pair outer mittens, the army mitten with leather face and canvas back is good. An extra pair is optional. Weight 5 oz.
- C. One pair of gauntlets are recommended. They come down only as far as the fingers and are excellent to wear when you need your fingers in cold weather or under mittens.
- D. One pair of finger gloves, all wool. (Optional) 4 oz.

IX. Sleeping bags - two sleeping bags that can be placed inside one another. These should be of the highest down content that is available. The double Arctic bag (Army) of 40% down and 60% feathers is satisfactory. Weights  $4\frac{1}{2}$ -6 lb./bag.

X. Mattress - either an air mattress or a foam rubber mat. The short nylon air mattress is recommended. If a foam rubber mat is used the recommended dimensions are 17" x 34" x  $\frac{1}{2}$ ". Weight nylon air mattress is 1 lb.

## XI. Packs

- A. Heavy load type such as a Trapper Nelson or Yukon style. Weight 5 lb.
- B. Light pack (rucksack or ski pack).
- C. Seabag with shoulder straps for carrying (Optional).
- D. One or two large plastic bags or other waterproof material to fit in the pack sacks to keep the contents dry.

XII. Ice Axe - weight 2 lb. 4 oz.

XIII. Crampons - must be adjustable to all types of foot wear. Weight 3 lb. Recommend 10 or 12 point Eckenstein or Bhend light weight 10 point.

XIV. Snow shoes - both the beaver tail and the Alaskan types are recommended. The Bear paw type is not recommended. Test the bindings before the trip.

XV. Skis - 13 lb. for skis,  $1\frac{1}{2}$  lb. for poles. See special bulletin on skis. The skis should be adaptable for making a toboggan with a hole in the tip of each ski for hauling. Cable bindings with a safety strap are recommended. Ski climbers should be taken either of mole skin or seal skin. Only about half the party members will be taking skis.

## XVI. Emergency kit

- A. Compass and map.
- B. Pencil and notebook - waterproof paper.