

High Altitude Food -----King Peak-Yukon Expedition 1952

Breakfast type 2-Cold

70 man day meals of this type packed in two man day meals equaling 35 packages.

| Item | one man serving | one man calories | 2 man quan. |
|------------------|---------------------------------|---------------------|---------------------|
| grapenuts | 1 cup | 405 | 8 oz. |
| dried whole milk | 1 cup | 187 | 2 oz. |
| white sugar | 4 Tbl. | 200 | 4 oz. |
| dried prunes | 12 pieces (3 $\frac{1}{4}$ oz.) | 346 | 6 $\frac{1}{2}$ oz. |
| dried dates | 6 pieces | 149 | 2 $\frac{1}{4}$ oz. |
| cocoa | 2 cups | 340 | 8 oz. |
| Total | | | 30 oz. |
| | | | 2 men |

Amounts needed for this type.

| | |
|------------------|---|
| grapenuts | 46 cups |
| dried whole milk | 3# |
| white sugar | 7 $\frac{1}{2}$ # |
| dried prunes | 552 pieces or approx. 11 packages@52 /pack. |
| dried dates | 276 @32 / package 9 packages |
| cocoa | 11 $\frac{1}{2}$ # |