

Directions For Use Of First Aid Supplies

<u>Codeine</u>	Take every 4 hours as needed. Two per dose for severe injury for relief from shock. One for cough or diarrhea
<u>Morphine</u>	Ampins. One shot only for first 4 hours. Second shot if needed after that time. Use only for severe injury when codeine cannot be taken.
<u>Penicillin</u>	Dose three per day. Use for upper respiratory infections. Take with empty stomach.
<u>Chloromycetin</u>	Dose 4 per day. Use more for infections than penicillin. Take with something in stomach.
<u>Dexedrine</u>	Dose one at a time until effect wears off. About 4 hours. A stimulant.
<u>Holocaine</u>	Eye salve. Apply under eye lid. Effect wears off in 4 hours. This salve makes eye insensitive. Keep eye clean by wearing goggles. Use for snow blindness.
<u>Tuinal</u>	Sleeping tablet. Effect will last 4-6 hours. Don't take more than two nights in a row.
<u>Thephrin</u>	Anti-histamine. For use during day. Don't take at night or it will keep you awake. Also for stuffy nose, bee stings, allergy and colds.
<u>Benedryll</u>	Anti-histamine. For use at night. Help you go to sleep.
<u>Roniacol</u>	Take by mouth for frostbite every 4 hours. Increases circulation at surface of body. Use in sleeping bag or at a place where you can get warm.
<u>La Pactic</u>	A laxative.
<u>Unicaps</u>	Multi-purpose vitamin pill.
<u>Empirin</u>	A stronger aspirin.
<u>Sucrets</u>	Mild sore throat pill.
<u>Tyrozets</u>	Good sore throat tablet. Don't take more than 3 per day.
<u>Gelusic</u>	An anti-acid pill. Works well for mild stomach ache.